## Topic 10 MULTILINGUALISM IS GOOD FOR US

Not only does speaking more than one language keep our brains healthy as we age, but it has multiple benefits for children too, such as giving them an academic advantage and improving their employment prospects once they leave school. Moreover, multilingualism gives us access to more than one culture and improves our understanding of our own cultures.

As noted above, speaking more than one language or walking in more than one language world is a bonus and an asset. It's good for the brain, good for children, useful for travel, employment and career purposes. In his popular and widely used book entitled *A Parents and Teachers Guide to Bilingualism*, Professor Colin Baker (2000) a Welsh scholar of bilingualism and author of over 140 publications, provides six advantages or 6Cs of bilingualism. With a word of caution, Baker characterizes these advantages as "potential" because it is speakers whose two languages are reasonable balanced or *fairly well developed* who enjoy the advantages.

The 6 Cs: Potential advantages of bilingualism and multilingualism

AREA OF	
POTENTIAL	EXPLANATION
ADVANTAGE	
	Greater awareness of and sensitivity to languages
COMMUNICATION	Stronger family ties
	Ability to communicate in different contexts: community,
	worship, school, work, and travel
	Deeper understanding of cultures
CULTURAL	Acceptance and understanding of others
	Access to traditions, music, stories, history and folklore
	Understanding different ways of talking, dressing, eating, speaking
	and worshiping.
	Thinking advantages
COGNITIVE	Enhanced executive functions
	Improved problem solving
	Sharpened memory and concentration
	Increased self esteem
CHARACTER	Strong sense (security) of identity
	Better academic performance
CURRICULUM	Ease in learning additional languages
	Transferring skills from one language into another
	Expanded career opportunities (local, national and multinational)
CASH AND CAREER	Economic and employment advantage:
	Languages are an asset in business, commerce, education and
	politics

## References

Baker, C. A Parents and Teachers Guide to Bilingualism https://www.youtube.com/watch?v=4INv\_Izr9wE&t=349s (page 12)

Baker, C. (2000) *The Care and Education of Young Bilinguals: An Introduction for Professionals*. Clevedon: UK: Multilingual Matters.

Baker, C. 6C's: https://www.youtube.com/watch?v=4DwcaoI\_7SE

Multilingualism is good for us:

https://learningportal.iiep.unesco.org/en/blog/promoting-multilingual-approaches-in-teaching-and-learning